## Wildflowers

Ten of the most common wildflowers found throughout Vistoso Trails are represented here. There are, of course, many more, but these provide a good overview of the most common and visible species. The notes indicate the broader blooming season for the species within the greater Southwest region. Within the preserve, these flowers all bloom primarily in the spring – from roughly March until May – with some reappearing later in the summer after monsoon rains.

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**Common name:** Brownfoot

Scientific name: Acourtia wrightii

**Notes:** Sunflower family. Perennial. Blooms spring

to fall.



Common name: Parish's Goldeneye

**Scientific name:** Bahiopsis parishii

**Notes:** Sunflower family. Perennial. Blooms spring

to fall after rain. Triangular, sandpapery leaves.



Common name: Desert Marigold

 $\textbf{Scientific name:} \ \textit{Baileya multiradiata}$ 

**Notes:** Sunflower family. Annual. Blooms spring to

fall. Leaves are whitish-grey and fuzzy.



Common name: Spreading Fleabane

**Scientific name:** *Erigeron divergens* 

Notes: Sunflower family. Biennial. Blooms spring

to fall.



Common name: Southwestern Mock Vervain

Scientific name: Glandularia gooddingii

**Notes:** Verbena family. Perennial. Blooms in the

spring. Also known as Gooding's verbena.



Common name: Rough Nama

Scientific name: Nama hispida

Notes: In its own family. Annual. Blooms in the

spring.



Common name: Parry's Beardtongue

Scientific name: Penstemon parryi

**Notes:** Perennial. Blooms in the spring. A very

popular nectar producer. A penstemon.



**Common name:** Whitestem Paperflower

**Scientific name:** Psilostrophe cooperi

**Notes:** Sunflower family. Perennial. Blooms spring

and fall.



**Common name:** Desert Globemallow

**Scientific name:** Sphaeralcea ambigua

**Notes:** Mallow family. Perennial. Blooms spring to fall. Flowers pink, lavender, or orange (most common).



Common name: Silverleaf Nightshade

**Scientific name:** Solanum elaeagnifolium

**Notes:** Nightshade family (same as tomatoes and eggplants). Toxic. Perennial. Blooms spring to fall.