

Wildflowers

Ten of the most common wildflowers found throughout Vistoso Trails are represented here. There are, of course, many more, but these provide a good overview of the most common and visible species. The notes indicate the broader blooming season for the species within the greater Southwest region. Within the preserve, these flowers all bloom primarily in the spring – from roughly March until May – with some reappearing later in the summer after monsoon rains.

In this guidebook:

- Brownfoot (Page 156)
- Parish's Goldeneye (Page 156)
- Desert Marigold (Page 157)
- Spreading Fleabane (157)
- Southwestern Mock Vervain (Page 158)
- Rough Nama (Page 158)
- Parry's Beardtongue (Page 159)
- Whitestem Paperflower (Page 159)
- Desert Globemallow (Page 160)
- Silverleaf Nightshade (Page 160)





Common name: Brownfoot

Scientific name: *Acourtia wrightii*

Notes: Sunflower family. Perennial. Blooms spring to fall.



Common name: Parish's Goldeneye

Scientific name: *Bahiopsis parishii*

Notes: Sunflower family. Perennial. Blooms spring to fall after rain. Triangular, sandpapery leaves.



Common name: Desert Marigold

Scientific name: *Baileya multiradiata*

Notes: Sunflower family. Annual. Blooms spring to fall. Leaves are whitish-grey and fuzzy.



Common name: Spreading Fleabane

Scientific name: *Erigeron divergens*

Notes: Sunflower family. Biennial. Blooms spring to fall.



Common name: Southwestern Mock Vervain

Scientific name: *Glandularia gooddingii*

Notes: Verbena family. Perennial. Blooms in the spring. Also known as Gooding's verbena.



Common name: Rough Nama

Scientific name: *Nama hispida*

Notes: In its own family. Annual. Blooms in the spring.



Common name: Parry's Beardtongue

Scientific name: *Penstemon parryi*

Notes: Perennial. Blooms in the spring. A very popular nectar producer. A penstemon.



Common name: Whitestem Paperflower

Scientific name: *Psilostrophe cooperi*

Notes: Sunflower family. Perennial. Blooms spring and fall.



Common name: Desert Globemallow

Scientific name: *Sphaeralcea ambigua*

Notes: Mallow family. Perennial. Blooms spring to fall. Flowers pink, lavender, or orange (most common).



Common name: Silverleaf Nightshade

Scientific name: *Solanum elaeagnifolium*

Notes: Nightshade family (same as tomatoes and eggplants). Toxic. Perennial. Blooms spring to fall.