Wildflowers

Ten of the most common wildflowers found throughout Vistoso Trails are represented here. There are, of course, many more, but these provide a good overview of the most common and visible species. The notes indicate the broader blooming season for the species within the greater Southwest region. Within the preserve, these flowers all bloom primarily in the spring – from roughly March until May – with some reappearing later in the summer after monsoon rains.

In this guidebook:

- Brownfoot (Page 147)
- Parish's Goldeneye (Page 147)
- Desert Marigold (Page 148)
- Spreading Fleabane (148)
- Southwestern Mock Vervain (Page 149)
- Rough Nama (Page 149)
- Parry's Beardtongue (Page 150)
- Whitestem Paperflower (Page 150)
- Desert Globemallow (Page 151)
- Silverleaf Nightshade (Page 151)





Common name: Brownfoot

Scientific name: Acourtia wrightii

Notes: Sunflower family. Perennial. Blooms spring

to fall.



Common name: Parish's Goldeneye

Scientific name: Bahiopsis parishii

Notes: Sunflower family. Perennial. Blooms spring

to fall after rain. Triangular, sandpapery leaves.



Common name: Desert Marigold

 $\textbf{Scientific name:} \ \textit{Baileya multiradiata}$

Notes: Sunflower family. Annual. Blooms spring to

fall. Leaves are whitish-grey and fuzzy.



Common name: Spreading Fleabane

Scientific name: *Erigeron divergens*

Notes: Sunflower family. Biennial. Blooms spring

to fall.



Common name: Southwestern Mock Vervain

Scientific name: Glandularia gooddingii

Notes: Verbena family. Perennial. Blooms in the

spring. Also known as Gooding's verbena.



Common name: Rough Nama

Scientific name: Nama hispida

Notes: In its own family. Annual. Blooms in the

spring.



Common name: Parry's Beardtongue

Scientific name: Penstemon parryi

Notes: Perennial. Blooms in the spring. A very

popular nectar producer. A penstemon.



Common name: Whitestem Paperflower

Scientific name: Psilostrophe cooperi

Notes: Sunflower family. Perennial. Blooms spring

and fall.



Common name: Desert Globemallow

Scientific name: Sphaeralcea ambigua

Notes: Mallow family. Perennial. Blooms spring to fall. Flowers pink, lavender, or orange (most common).



Common name: Silverleaf Nightshade

Scientific name: Solanum elaeagnifolium

Notes: Nightshade family (same as tomatoes and eggplants). Toxic. Perennial. Blooms spring to fall.